



MDAVC - PLANNING des ACTIVITES REGULIERES

2025-2026

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE		
8:00			GYM SENIOR 08h00-09h00			BEL GYM 08h00-09h30		8:00	
8:30									8:30
9:00									9:00
9:30								9:30	
10:00						DAME DE BLF 10h00-12h00		10:00	
10:30								10:30	
11:00								11:00	
11:30								11:30	
12:00								12:00	
12:30								12:30	
13:00								13:00	
13:30						BEL GYM 13h30-18h00		13:30	
14:00								14:00	
14:30								14:30	
15:00			EMJ 15h00-16h30					15:00	
15:30									15:30
16:00									16:00
16:30								16:30	
17:00	DAME DE BLF 17h00-21h00							17:00	
17:30			INITIATION BèLè 17h30-19h00				17:30		
18:00		BEL GYM 18h00-20h00					18:00		
18:30						18:30			
19:00						19:00			
19:30						19:30			
20:00						20:00			
20:30							20:30		
21:00								21:00	
21:30								21:30	
22:00								22:00	